

# BRIAN D. MAHAN, SEP

All Social Media : @BrianDMahanSEP

www.BrianDMahan.com

**December 27th - January 2nd**

Join an exclusive 7-day retreat at Hacienda Subin, where healing, self-discovery, and growth await. Dive into transformative trauma work, guided meditations, and yoga, and celebrate New Year's Eve with a traditional Mayan cacao ceremony. Enjoy daily workouts with Cirque du Soleil performer Jerónimo García-Cabral, relax by the pool, explore nearby cenotes, and set powerful intentions for the year ahead.

Brian D. Mahan, SEP, is a trauma healing expert with over two decades of experience. As a Somatic Experiencing Practitioner, he combines personal insight with professional expertise to address the root causes of trauma and toxic shame. Brian educates both professionals and the public on healing and stress management, aiming to help one million people transform their lives.

## RETREAT (DAY TRIPPERS)

(Includes seminar, a week of curated meals, revitalizing yoga sessions, and a Mayan cacao ceremony)

**\$3060 USD**

## RETREAT + LODGING

(Includes seminar, either single or double occupancy lodging for six nights, a week of curated meals, transportation to and from the airport, revitalizing yoga sessions, a Mayan cacao ceremony, and visits to a cenote and ancient ruins.)

HULE ROOM \$4560 USD single occupancy  
\$3810 USD double occupancy

TULE ROOM \$4560 USD single occupancy  
\$3810 USD double occupancy

SUZANI ROOM \$5010 USD single occupancy  
\$4035 USD double occupancy

VENTANA ROOM \$5010 USD single occupancy  
\$4035 USD double occupancy

ZARAPE ROOM \$5010 USD single occupancy  
\$4035 USD double occupancy

MOROCCO ROOM \$5610 USD single occupancy  
\$4335 USD double occupancy

GLAMPING TENT \$4110 USD single occupancy  
\$3585 USD double occupancy

\*Massages are available upon request to enhance your relaxation and rejuvenation\*

CONTACT INFO: [INFO@HACIENDASUBIN.COM](mailto:INFO@HACIENDASUBIN.COM)

